# ITALEO Newsletter



NOW ACCEPTING

SCHOLARSHIP APPLICATIONS

Applications
accepted
October 1, 2024
Through
November 20, 2024

**CLICK HERE** for guidelines!

UPCOMING EVENT

**CHRISTMAS PARTY** 

Saturday, December 7<sup>th</sup>
Italian American Sports Club
1250 Buffalo Rd.
Rochester, NY
Tickets may sell out fast!
Deadline November 30<sup>th</sup>
CLICK HERE

to purchase tickets or CLICK HERE for flyer.

UPCOMING EVENT

CHILDREN'S CHRISTMAS
EVENT WITH SANTA

Sunday, December 22<sup>nd</sup>
Italian American Sports Club
1250 Buffalo Rd.
Rochester, NY
Deadline December 9<sup>th</sup>
CLICK HERE
for details & to RSVP



# Thank you, Carl Simms, Code4Alpha - October Meeting Guest Speaker "All is under control, but keep the backup coming."

We had a great turn out for our October 1st Membership Meeting. We had guest speaker, Carl Simms, from Code 4 Alpha. Here is Carl's bio:

Carl C. Simms is a 28 year veteran of the Rochester Police Department, and served in the Patrol, Tactical Unit, Special Criminal Investigation Narcotics Unit, Professional Development Firearms Trainer, Professional Development Field Training Officer, Emergency Task Force (Entry and Designated Marksman).

Carl was also an Investigative Coordinator in the Highland Section, Special Criminal Investigation Narcotics Unit engaging in community relations with church organizations, landlords, Middle Schools, and High Schools. Carl was also the Training Coordinator for the Emergency Task force Designated Marksman Team. Carl retired from the Rochester Police Department while working his last few years in the Tactical Unit and retired in 2006.





### Congratulations, Rick Antelli

The Italian Civic League hosted the 83rd Annual Columbus Day Luncheon held at the Italian American Community Center on Monday, October 14, 2024. ITALEO member, Rick Antelli, was recognized with the Outstanding Community Service Award. Congratulations, Rick!



#### **EXECUTIVE BOARD**

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Julia Sardellitti

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### ITALEO CHRISTMAS PARTY 2024



Now taking nominations for the following awards:

#### **Businessperson of the Year Award**

An active member who is willing to go above and beyond, participates in events and gives back to the Organization.

#### Officer of the Year Award

A law enforcement officer who has demonstrated outstanding achievement and exemplified selflessness, empathy and strength of character.

#### **Special Recognition Award**

Someone who displays exceptional dedication and outstanding contributions to community outreach. Their unwavering commitment to making a positive impact has not only enriched the lives of countless individuals but has also set a remarkable example of leadership and compassion.

## Sharon Rivaldo Stand Up for the Blue Award

This award will be presented to an active member who not only gives back to the Organization but demonstrates outstanding character and goes above and beyond to help others.

**DEADLINE NOVEMBER 9TH** 

# PROMOTIONS & RETIREMENTS

Do you know of any member that has recently been promoted or has retired in 2024?

Please submit their names so that we may recognize them at our Annual Christmas Party. italeorochester@gmail.com



**DEADLINE NOVEMBER 9TH** 

NO NOVEMBER OR DECEMBER MEMBERSHIP MEETING

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MEMBERSHIP MEETINGS RESUME IN 2025

### NOVEMBER DATES:

ELECTION DAY NOVEMBER 5, 2024 Don't forget your civic duty!



VETERAN'S DAY NOVEMBER 11, 2024



SCHOLARSHIP APPLICATION DEADLINE NOVEMBER 20, 2024



THANKSGIVING DAY NOVEMBER 28, 2024



CHRISTMAS PARTY TICKET PURCHASE DEADLINE NOVEMBER 30, 2024



### **RECIPE CORNER**

## Sausage & Wild Rice Stuffed Acorn Squash

#### **STUFFING**

- 8 ounces/1 cup wild rice, cooked according to package instructions
- 1 pound sausage
- 1 medium onion, diced
- 2-3 ribs celery, diced
- 2 teaspoons olive oil
- Pinch of red pepper flakes
- 2 teaspoons onion powder
- Salt and pepper to taste

- 1 cup dried cranberries
- 1 1/4 cups pecans, diced
- 2 tablespoons butter

#### **SQUASH**

- 2 acorn or butternut squash, halved and seeds removed
- 1 quart chicken stock
- Salt and pepper to taste
- 2 teaspoons olive oil

#### Instructions

- 1. Preheat oven to 350 degrees. Prepare the wild rice (brown rice or farro make a nice substitute).
- 2. Add the clean squash halves to a large pot and cover with chicken stock. Simmer 10-15 minutes to tenderize the flesh. Cook until tender but not fully cooked.
- 3. While the squash cooks make the stuffing. In a nonstick skillet with tall sides, over medium high heat, brown the sausage, onions, and celery in the olive oil seasoned with red pepper flakes, onion powder, and salt and pepper.
- 4. Once the meat and veggies are browned, add the rice, cranberries, and pecans. Stir to sauté and add a touch more olive oil if needed. Add 2 tablespoons butter.
- 5. Lay the squash, flesh facing up, in a 9×13 pan. You may need another pan if your squashes are large. Season the inside and flesh of the squash with salt, pepper, and olive oil.
- 6. Stuff liberally with the sausage and rice mixture. Overflowing is more than fine! Add 1 cup of the chicken stock used to simmer the squash into the pan. Cover with foil and cook 45 minutes.
- 7. Remove from the oven and serve hot. Enjoy!

Makes 4 halves with a bit of stuffing left over Prep time 30 minutes; Bake time 45 minutes



If you'd like to submit an Italian Recipe to include in the next newsletter, please email us at:

italeorochester@gmail.com